

Nr.	Name	Purpose 1	Purpose 2	Purpose 3
1	Agrimony	cheerful mask	clown syndrome	interior grief
2	Aspen	misfortune expect.	fear	to be afraid
3	Beech	criticism	arrogance	intolerance
4	Centaury	lack of will	victim	cannot say „no“
5	Cerato	uncertainty	self-consciousness	suppr. of intuition
6	Cherry Plum	suppr. of emotions	matter-of-fact	fear of own depth
7	Chestnut Bud	blind to experience	pigheaded	same mistakes
8	Chicory	domineering	hard-hearted	possessive
9	Clematis	day dreaming	flight from reality	illusions
10	Crab Apple	neurotic cleansing	suppr. of sexuality	order fanaticism
11	Elm	no self-confidence	self-doubts	neg. expectation
12	Gentian	doubtful	scepticism	melancholia
13	Gorse	hopeless	dark thoughts	despair
14	Heather	jealousy	egocentric	constraints
15	Holly	neg. emotions	mistrust	envy
16	Honeysuckle	fixation to past	“good old times”	mourning for...
17	Hornbeam	exhaustion	tired (ext. reason)	low energy
18	Impatiens	impatience	restless	expectations
19	Larch	inferiority complex	soft-sided	trembling
20	Mimulus	timid	anxious	too sensitive
21	Mustard	depression	pessimism	no pleasures
22	Oak	tasks only	too conscientious	sense of duty
23	Olive	burn-out	tired (int. reason)	no vitality
24	Pine	feelings of guilt	blaming oneself	no forgiving
25	Red Chestnut	sorrows	worries	troubles
26	Rock Rose	feelings of panic	to be terrified	no courage
27	Rock Water	perfection	compulsatory	restraints
28	Scleranthus	no decisions	uncertainty	insecure
29	Star of Bethlehem	to be in shock	soul down	interior pain
30	Sweet Chestnut	despair	desperate	„no more“
31	Vervain	missionary	persuasions	fanatic convincing

32	Vine	ruler	competing	tyrant
33	Walnut	change in life	a new start	unsafeness
34	Water Violet	interior emigration	pride	isolation
35	White Chestnut	circling thoughts	to talk to oneself	inner dialogues
36	Wild Oat	unclear goals	no task	dissatisfied
37	Wild Rose	resignation	int. capitulation	apathy
38	Willow	embittered	victim always	very disappointed